



EGD Instructions

There is nothing to eat after midnight. You may have clear liquids up to 2 hours before your procedure. Clear liquids are anything you can see through.

Do not consume MILK PRODUCTS or ANTACIDS (TUMS, CARAFATE, etc.) for 24 hours prior to your procedure. You may take your regular medications, with the above exceptions, on the morning of your exam.

Stop water 2 hours before exam.

Please have a driver to take you home.